40 Below Summer, 5lb. Bag

Turn your back, turn around every day
Lay the smack down, come around, make us bleed
Put your hands on, touch'em there, everywhere
Put your hands on, leave'em down in despair
Put your boots on, kick'em right in the mouth
Dig a hole now, put'em back in the ground
Bring your ass on and make'em burn deep inside
Don't bring up the pain - There's too much to hide

Don't cry (Don't cry)
Don't sleep (Don't sleep)
Don't try to even speak
Don't lie (Don't lie)
Don't weep (Don't weep)
Don't you walk away from me

Pick the pace up, but you can't get away
Better behave - Better be doing what I say
Get your rocks off, as it's gonna beat you down
Kick your face in; bring you in with the sound
I'm telling you now, better open up your eyes
Coming through now, gonna make you realize
Better back off, can't take the pain
Over and over and over again

Don't cry (Don't cry)
Don't sleep (Don't sleep)
Don't try to even speak
Don't lie (Don't lie)
Don't weep (Don't weep)
Don't you walk away from me

Hurts on your weak side, you can't run, you can't hide The beatings that break you burn and they take you It hurts on your weak side, you can't run, you can't hide The beatings that break you burn and they take you

How much can you take till you break?
Nowhere to run, nowhere to escape
Sometimes, you just wanna hide
Throw up your hands and get suicide
Oh, please, just like this disease
You're weak in the heart and weak in the knees
So back off and line'em up and I know we've all had enough
Ain't no time for hesitation
Ain't no time for subjugation
Now's the time for castration
Now's the time for devastation
Worthless, you're worthless,
I'm worthless, you're worthless
We're all worthless
Worthless, you're worthless