Absentstar, For God Sakes

Sleep in a bed I made Wake in another place Cold on the warmest day I dream it's a big mistake Running aground Mile after mile Shouting all the while For god sakes, hold it down The noises overtake the silence I create For god sakes, I'm calling out To anyone who fears falling on deaf ears Far from the way I felt Hunt for my former self Why did I even try and the strangest thing is Remembering how I got this way Running aground Mile after mile Shouting all the while For god sakes, hold it down The noises overtake the silence I create For god sakes, I'm calling out To anyone who fears falling on deaf ears And if you get it someday What of yourself remains Oh, and for god sakes, hold it down The noises overtake the silence I create For god sakes, for god sakes For god sakes, hold it down For god sakes, hold it down