Aled Jones, 03 You Raise Me Up

When I am down and oh my soul so weary When troubles come and I am burdened be And I am still and wait here in the silence Until you come and sit a while with me

There is no life, no life without its hunger Each restless heart beats so imperfectly But when you come and I am filled with wonder Sometimes I think I glimpse eternity

You raise me up so I can stand on mountains You raise me up to walk on stormy seas I am strong when I am your shoulders You raise me up to more than I can be

And I am still and wait here in the silence Until you come and sit awhile with me

You raise me up so I can stand on mountains You raise me up to walk on stormy seas I am strong when I am on your shoulders You raise me up to more than I can be

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