

# Aly & AJ, Insomniatic

Rolled over from last night's dreams  
Happiness isn't from a  
Drink me up in your thoughts  
Just like I do with you  
Are you left thirsty too?

Uh oh oh  
I am erratic (oh oh)  
Can't break the habit  
My current status  
You are insomniatic

My train is off the track it seems  
Delirious from my loss of  
Sleep deprived I greet the day  
Won't be easy to do  
Are you this restless too?

Uh oh oh  
I am erratic (oh oh)  
Can't break the habit  
My current status  
You are insomniatic

One by one the days grow longer and longer  
And I in my own sweet pain grow stronger  
I must admit I must admit I must admit  
It's a good insane  
I must admit I must admit  
Hear me admit

Uh oh oh  
I am erratic (oh oh)  
Can't break the habit  
My current status  
You are insomniatic