Anasarca, If Only...

[based on "IF ONLY :" by Christina M. Riggs]

Here I sit in my cell Plain white, stone cold walls. All alone with my thoughts, memories and my regrets to keep me company. WISHING ONLY IF . . . Dreaming of holding my babies, hearing their tiny voices and laughter. Watching them grow up. Dreaming I could see and touch my Mom without the glass. IF ONLY . . . IF ONLY . . . I HAD REACHED OUT! Dreaming of feeling wet grass on bare feet. The sun on my face, wind in my hair. Watching the stars Feeling peace, hope, happiness, and belonging IF ONLY . . . I' D REACHED OUT! Reality, I' m alone on DEATH ROW. With no sense of hope, peace, or happiness. Day in, day out, I relive my failures, regrets

And that terrible night, knowing I'm to blame for losing my babies. Realizing that what I dream of most Could have been reality for me

Could have been reality for them

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WISHING ONLY IF . . . I 'D REACHED OUT!