Audio Adrenaline, Get Down

Lavishly our lives are wasted Humbleness is left untasted You can't live your life To please yourself, yeah

That's a tip from my mistake Exactly what it doesn't take To win you've got to come In last place, yeah

To live your life You've got to lose it And all the losers Get a crown

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

All I need is another day Where I can't seem to get away From some the many things That drag me down, yeah

I'm sure you've had a day like me Where nothing seems to set you free From all the burdens You can't carry all alone

In your weakness, He is stronger In your darkness, He shines through When you're crying, He's your comfort When you're all alone, He's carrying you

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down Every time I'm down The Lord lifts me up, yeah

This valley is so deep I can barely see the sun, come on y'all I cry out for mercy, Lord You lift me up again

I get down and He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

Down, I get down I get down, I get down I get down, He lifts me up I get down

I get down, He lifts me up I get down, He lifts me up I get down, He lifts me up I get down

Every time I'm down The Lord lifts me up, yeah