August Burns Red, Spirit Breaker

Staring at the walls to pass the time.

Pinch myself make sure I'm still alive.

I'm not alright.

It's become a disguise.

Friends and family, I'm losing all ties.

Staring at the walls to pass the time.

Pinch myself; make sure I'm still alive.

I've been here before.

I will survive another month under gray skies.

I'm holding on as a tight as I can.

The monotony never seems to end.

Every day feels the same.

Every day I think about the place I'd rather be than here.

I've been here before.

I will survive another month under these grey skies.

We've carried each other through and over the seas.

We live for nights like this.

The ones we won't forget. I hope to open my eyes to see this picture.

I'm throwing it all away. I hope to open my eyes to see this moment that I should treasure forever.

Staring at the walls to pass the time.

Pinch myself; make sure I'm still alive.

I'm not alright.

It's become a disguise.

Friends and family, I'm losing all ties.

I'm holding on as tight as I can.

Coming home, I don't know when.

I'm holding on as tight as I can.

I swear.

My dearest love, I woke up tired today, even more so than yesterday.

How that's possible, I don't even know, nor do I want to. It's hard to find the motivation when you ar Seventeen down, seventeen to go.

That's not so bad, right?

I think of home often and of you even more.

Yesterday I saw the sun shining. It appeared for a few minutes just after two.

For a moment I found myself smiling, as if those short rays of light were enough to get me by.

Maybe that was enough.

Thank God, I needed that.

I surely needed that.