

Barenaked Ladies, One And Only

Hey, pass the ball
Why do you run it in circles?
Waves crash the wall
Soon enough all your hard work will fail

Wait, hold the phone
I don't know if I can take this
Leave me alone
I don't know if I can make this work

See, I know I'm lost and lonely
Please go slow; I'm one and only

I need to think
'Cause now I've got everyone wondering
Pass me a drink
Last, but not least, and my virtue's gone

Lend me a hand
I think I could walk if you help me
Please understand
If I could talk, I would tell you why

See, I know I'm lost and lonely
Please go slow; I'm one and only

Only one
All or none
My heart's done
Weighs a ton

Hold me a while
Tell me you'll never be leaving
I'll walk the mile
Seeing but not quite believing you

See, I know I'm lost and lonely
Please go slow; I'm one and only
See, I know I'm lost and lonely (See, I know I'm lost and lonely)
Please go slow; I'm one and only (Please go slow; I'm one and only)...