Beastie Boys, Year & A Day

M.c. for what I am and do The a is for adam and the lyrics; true So as pray and hope and the message is sent And I am living in the dreams that I have dreamt Because I'm down with the three the unstoppable three Me and adam and d. were born to m.c. And my body and soul and mind are pure Not polluted or diluted or damaged beyond cure Just lyrics from I to you recited Arrested, bailed but cuffed and indicted Enter the arena as I take center stage The lights set low and the night has come of age Take the microphone in hand as that I am a professional Speak my knowledge to the crowd and the ed. is special For I am a bard but not the last one I'm my own king and this is my castle Dwell in realms of now but vidi those of the past Seen a glimpse from ahead and I don't think it's gonna last And you can bet your ass

I drop the I. when I'm skiing I'm smoking and peaking I put the skis on the roof almost every single weekend Can't stop the mindf**k when it's rolling along Can't stop the smooth runnin's when the shit's running strong

Broke my bindings the lion with wings
Preaching his word in the b. boy sing
I am one with myself as I turn to the
I prefer the dreams to reality
I prefer my life don't need no other man's wife
Don't need no crazy lifestyle with stress and strife
But it's good to have turn to be a king for a day
Or for a week or for a year or for a year in a day
Come what may

I'm fishing with my boat and I'm fishing for trout
Mix the bass ale with the guiness stout
Fishing for a line inside my brain
And looking out at the world through my window pane
Every day has many colors 'cause the glass is stained
Everything has changed but remains the same
So once again the mirror raised and I see myself as clear as day
And I am going to the limits of my ultimate destiny
Feeling as though somebody were testing me
He who sees the end from the beginning of time
Looking forward through all the ages is, was and always shall be
Check the prophetic sections of the pages

He goes by the name of disco dave