

Beth Hart, Lifts You Up

I stole the outside
Runnin' into the sun
I 'm alive
Im loud, as a golden gun
I killed my pride
So once again I'd see

Live and learn
Youve fallen, one thousand times
I feel the burn
There's fire from a crazy sky
I sealed concern
So once again I'd be

[Chorus]
And it lifts you up
Then it puts you down
And it feeds you life
Then it lets you drown
While it holds your heart
Then it slowly tears you apart
And you know - that life is what I mean

If I could (and if I could)
You know, I'd stand on the rock
Where Jesus stood (where Jesus stood)
Innocence, and evil bad
And good (good, and good)
Walkin' side by side

[Chorus]
And it lifts you up
Then it puts you down
Then it feeds you life
Then it lets you drown
While it holds your heart
And it slowly tears you apart
And you know, you know, you know - life is what I mean

We got a way, of makin' up our minds (you know we have our minds)
How could I run, just leave it all behind?
When it breaks me up inside
Still I refuse to hide
And it is, just what it is
And that's all right

[Chorus]
And it lifts you up
Then it puts you down
And it feeds you life
Then it lets you drown
While it holds your heart
And it slowly tears you apart
And you know, you know, you know

[Chorus]
Then it lifts you up
Then it puts you down
Then it feeds you life
Then it lets you drown
While it holds your heart
And it slowly tears you apart
And you know, you know, you know - life is what I mean

And you know, you know, you know - life is what I mean
And you know, you know, and you know - life is what I mean