Bird York, What Are You Running After

Are you still waking in a panic are you sleeping in a ball are you still eating dinner in your car can't waste precious working hours and the phone keeps ringing like a church on judgment day you say it drives you crazy wouldn't have it any other way what are you running after these days who are you leaving home alone what are you running after these days you any closer to the spotlight now that I'm gone are you still living life distracted from all the things you need to do that promise you fame and power from the masses all the things love can't get you and the jobs keep coming like Cuban refugees and the crowd is loving your success at any price disease what are you running after these days who are you leaving home alone I hope that she's strong what are you running after these days you any closer to the spotlight now that I'm gone going around on your hamster wheel hoping to fill your hole with gold and the sound of wild applause what are you running after these days who are you leaving home alone I hope that she's strong what are you running after these days you any closer to the spotlight now that I'm gone