

Boiler Room, Insomnia

I can't sleep. I'm grinding my teeth
This is worse than anything
Worse than any bad dream
And I know, there's something
really wrong

I can't beat these symptoms in me
I can't shake the ailment.
Always gets the best of me
And I know, there's something
really wrong in me

Is it just the thoughts in my head
Is it just the thoughts in my head
Where I've been. where I'm going.
Where I'm at
Where I've been, where I'm going

Insomnia, can't sleep, well I guess I can't
Insomnia, can't stress,
'Cause my life's a mess
Insomnia, I can't take it
It tears me up and always ruins my day

I can't see, these visions in me
I can't shake the ailment
Always gets the best of me
And I know, there's something
really wrong in me
(CHORUS)

Tick tock goes the clock, should I get up -
Get a glass of water
Oh no, now I'm gonna pace the floor
In, out, in I go
Oh no, now I think I gotta check my head

What is this now
What is this in me
What is this now
Ailing me

What have they prescribed me
These pills will kill for sure

Insomnia, can't sleep, well I guess I can't
Insomnia, can't stress,
'Cause my life's a mess
Insomnia, I can't take it
It tears me up and always ruins my day