Bomfunk MC's, Spoken Word

da poetry, by now you should know it's me, the brother of word giving thanks and praises to so many names and faces in different places

from '84 to '99, it's been a very long time

since the movement called hip hop arrived to this cold country of mine seen the old, the new, and now the true skool

and for once i can say, something has changed

or is it just me? in the place to be

hardcore!

am i about to take it in my face?

question... where were you at the time of tha fat shoelaces

when the hell was really raised

huh, i know every face.. writers, breakers, dj's, emcees, flygirls representing, respecting unwritten laws

rules, star wars..

by even though, there's one thing i know, and it's been said before eliminate the distance,

It's not where you're from, it's where you're at ..mentally..

da poetry.

nuff love, peace and respect. come correct

you gotta pay your dues, if you got something to prove

it is a competition, 'coz the business side can't see the mission

a.k.a the b-boy vision(/wisdom)

2000 and still counting...

(after the phone rings:)

Yo, it's SUCKS

and I gotta rhyme or two for the bomfunk crew so you'd better listen if you don't wanna be missing the perfect combination on the mission to rock the dancefloor to hit you right where it hurts I'll leave you begging for more like roger, but this is not a story of a rabbit gismo and b.o.w just got a habit of speeding up your heartbeat holding you no doubt yo bomfunk mc's do it to the crowd what up looking good catch me cooking food