Breaking Benjamin, Break My Fall

You fought me once but not again You let me feel your heavy hand I will clean your fucking mess And leave no trace of evidence

I am losing you again Let me out and let me in 'Cause you're not alone here, not at all Let me belong here; break my fall

Shelter me from this again Dedicated to the end Help me break my conscience in To free us from our innocence

I am losing you again Let me out and let me in 'Cause you're not alone here, not at all Let me belong here; break my fall

Mayday, mayday Request permission to land I cannot control the plane We're in danger of crashing

I am losing you again Let me out and let me in 'Cause you're not alone here, not at all Let me belong here; break my fall

Break my fall Break my fall Break my fall Break my fall