

Capdown, Deal Real

Well at least I know that I've loved
Ain't that what I'm supposed to say
To learn from my mistakes
Awareness of the past in the way I live today
So how comes I still feel I've fucked up?
And even after all this time
As soon as I see your face
It brings back all the regrets that are still floatin' round my mind
Others say forget over time
But forget and stay blind

I can move on, I can be strong, but I still feel pain
Don't deny or act like it is just a game
Deal real to feel real
Deal real to feel real and look on
You gotta make your actions

Yeah it's good to progress and to move on
But remember the things that you said and actions that you wish undone
Life's long to act strong
Don't spend your time wishin' that we'll all see through you

If it's what you done you can't hide it
Cos it will take down with a little ha ha ha
If it's what you done you gotta live with it
Cos if it was all undone you'd never have to be strong
What's done, it may be shit
But shit can still heal

Don't spend your time acting fake and then stand wondering why you're alone
It's cos you're livin' a lie