## Compos Mentis, My Inner Beast

As I scrutinize my inner self

I see what I really am

I understand that evil is a part of me

I don't know what to do

All my life it has been suppressed

Now I can't hold it back

Abrupt outbursts of rage keep confusing me

And I have lost control

I don't know why everything has been taken from me

There's nothing left but an utter loss of hope

Lingering behind my innocent facade

It feeds on my weakness

Heal me

The beast inside must be who I really am

It lies beneath my skin

Help me

As I look upon the changes

I see what I've become

But now I've learned to accept this new identity

And I know what I want

I understand the great joy of solitude

All my life I'll stay alone

A constant flow of pure rage delights me

Now I'm in control

Now I realize why everything is gone

I have unchained the beast that I am - and I've been born again

Traces of atrocity follow me

Chaos leads the way

Hate me

The beast inside must be who I really am

It lies beneath my skin

Fear me