

Dalbello, Body & Soul

I'll be like a compass and guide you
If you hold me in your hand
You drift into dangerous water
I will point you to dry land

Rain upon me 'til you pour
Like a wave I'll carry you to shore

You ran with a lyrical rhythm
That you haven't felt in years
Your faith came unraveling 'round you
It surrounded you with fear

And when you find yourself in doubt
Look into yourself and shout it out
With your

CHORUS

Body and Soul
Follow what's deep inside of you
Body and Soul
Don't let anything else divide you
Follow the roll
With your Body and Soul

I saw you looking out of the window
You were standing from within
You broke down the door, when it opened
A whole lifetime flooded in

It rains upon you 'til it pours
Like a wave it carries you to shore
With your

CHORUS

Body and Soul
Follow what's deep inside of you
Body and Soul
Don't let anything else divide your
Body and Soul
Your Body and Soul

BRIDGE

You gather up the strength enough to stand tall
Arms outstretched like the branches of a willow
Make yourself complete
And grow until your hands and face
Begin to take shape
Regain your independence when you
Embrace your body...

CHORUS

Body and Soul
Like a compass it will try to guide you
Body and Soul
Follow what's deep inside of you
Body and Soul
Don't let anything else divide your
Body and Soul