

# De La Soul, Shwingalokate

(On and on at two steps ahead)  
(On and on at two steps ahead)  
(Three steps ahead)  
(Three steps ahead)

POS:

(What's the subject?)  
The Shwingalo, hot damn  
(Is Posdnuos gonna start?)  
I am, I am  
(And by the order of Shwing on hand)  
I present to you the Preacher Man  
Peace everyone, everyone I hope  
Plate is not a caper, plate is not a hoax  
Is it is the now step, labeled Shwingalo  
Shopper brag a basket, fill it to the bro  
What's the Shwingalokate? Question me instead.  
Mental is the mood, whether live or dead  
Level is the groove when I lead the led  
But hip is my lip when I'm Shwinging it

(On and on at two steps ahead)  
(On and on at two steps ahead)

DOVE:

(What's the next step?)  
It's the fool of the clan  
(Is he down with the Shwing?)  
I am, I am  
(And by the order of Swing on hand)  
I present to you, the whole shalam  
Last was the gas, flower by the pound  
Shoo, puppy tough, shoo, flower power hound  
Season of the Shwing is sound and it's bound  
90 got the gift so lift from the ground  
Speak me an age, age at the dough  
Feed me the donut, feed me the O  
School me with the new 'cause the new  
Kept me fed with the brew  
I'm glued to the stew and I'm Shwinging it

Breathe me the out, breathe me the in  
Send it with a skit neither friend nor begin  
Label it a Shwing, brother come for the win  
Catch me the border, must start to begin  
90 got the knack of the Soul, grab a bit  
90 proved them wrong to those who commit  
Dis to the hit list, pitched by the hit  
Caught by the herds of those in the pit  
Pull me a puff of the blunt as it breeds  
This benefit's just what you need  
Just because I'm fallin', saved by the weed  
With dred, 'cause you know indeed I'm shwinging it

(On and on at two steps ahead)  
(On and on at two steps ahead)

POS:

Constructed like an apple but roll like a grape  
Try with the games 'cause the fools'll take shape  
Stuff to the too tough, grave is in the groove  
Sop it like Sound, yo honey make a move  
Shufflin' your feet, that's stiffer than a nap  
Open up an eardrum, don't wait for the cap

Sip a third of lager, extract the waste  
Tell me tell me tell me, can you get a case?  
Never oops honey, dope not a threat  
Peace be found on your color telly set  
Pick up the proof for the stool pigeon sing  
Shwing a load o' dat, 'cause I must put Shwing

(On and on at two steps ahead)  
(On and on at two steps ahead)  
(Three steps ahead)  
(Three steps ahead)