De-Phazz, Hero Dead & Gone

- And I say you shouldn't. Mama is going to work now and I don't want no swingin' in here while I'm

- Listen, Mama don't allow no swingin' and ...

- Yeah, all right, no swingin', Ma

- That's right, Just ??? we're most beautiful

Mama said no swingin' in here and I'm ain't scared, cause' swingin' never hurts as long as you're prepaired. I'm trippin' off your hips and the way you move, so come a little closer baby groove, baby groove.

Cause the heroes of swing are dead and gone, but the memory of swingin' still lingers on.

The Heroes of swing may be dead and gone, so get on up and swing your thing, listen while I sing.

So get on up and swing your thing, listen while I sing.

I love the way you swing with your sassy attitude. All of this swingin's put me in the mood. A long time ago swingin' was a taboo, I am glad we're heading out so we can do, I do.

Cause the heroes of swing are dead and gone, but the memory of swingin' still lingers...

Hero dead and gone but the nation's strong. (x4)

(Swingin', it never hurts nobody)

Heroes of swing (x4)

Hero dead and gone but the nation's strong. (x4)

(Swingin', it never hurts nobody)

Heroes of swing Sing it by the heroes saying... (repeat until fade)