

# Dog Eat Dog, Rise Above

Rise above  
You can rise above  
With a little bit of love

Life has taught me one thing  
How it is I wanna live  
Love has shown another light  
Gave me, something to believe in  
There is love hate, birth and death

For us all  
In these pits do not fall  
Rise above

Detachment from the body's needs  
Cannot live my life in fear  
From my mind I must be free  
Free at last I see so clearly  
There is wealth, loss, pleasure, pain  
In this world  
So you know  
This will go  
Quick as it comes

And like the smoke we rise  
You better open your eyes  
Cuz your soul can't hide behind the lies  
Open up and breathe  
You gotta plant the seed  
Check the flow of the breath over reed