

Dr. Feelgood, Instinct To Survive

(Steve Walwyn)

Some people talk, some people act
They criticise, but don't react
They wind you up, they put you down
Hold your head up, with your feet on the ground

If you want to keep yourself alive
You'd better use all your instinct to survive

Sometimes we laugh, sometimes we cry
We get down low, we get up high
We don't expect, no easy ride
This water's muddy, this water's deep and it's wide

If you want to keep yourself alive
You'd better use all your instinct to survive
Don't it sometimes feel like someone's telling you lies
Winding you up with them false alibis
No use you believing everything that people say
You got to keep on moving, whatever comes your way

Another day, another year
Another good time, and one more tear
We climb the mountain, we reach the top
We keep on running, and we run 'til we drop

If you want to keep yourself alive
You'd better use all your instinct to survive
If you want to keep yourself alive
You'd better use all your instinct to survive