

# eels, Agony

Not gonna be alright  
No, I'm not gonna be alright  
nothin' is alright now  
not gonna see the sun come up  
when i'm goin' down  
'cause everyday i'm here  
all i feel is sheer  
agony

Friends tellin' me  
that maybe i need  
some psychiatric help  
yeah, they're always so quick to tell you  
just how to get over it

I look into the mirror  
and all i see is age fear  
and agony

If i could just remember what it was like  
when i was younger  
oh, the joy and happiness  
replaced with hunger

and all i've got to show  
for the seeds that didn't grow  
is agony