Extol, Burial

Blessed is he who has got His transgressions forgiven And his sins hidden Blessed is the man whom the Lord Do not ascribe misdeeds And is without deceit in his spirit

Buried it deep inside
But soon a sprout came forth
It kept on growing
I couldn't hide
When I kept it to myself
Slowly my bones corroded
And my vitality vanished
Like in the summer dry

Too many people living this life Who can take their guilt away? Their minds are rotting And causing an endless pain Soon they are demented and put away

I confessed my sins to You And did not hide my guilt I said "I want to confess my misdeeds to You" And He took away my sin and guilt

He is my sanctuary