

Four Year Strong, Catastrophe

You're always running around with everyone else but me
You're such a catastrophe
Hold on, you've been running around so long
And soon I'll be gone
You've got to build it up and then break down
Give it a taste and drop your jaw to the ground
Then you'll know what to do and we'll pick it up
Pick it up and give it right back to you

Save your breath and get down with me
I never thought it would be this easy
To spread you like a disease
In this heat you'll be sweating out your dignity
You'll always be such a catastrophe

I've been making a list
Of all your so called big plans
And I'm really having trouble
Cause it's longer than my attention span
Wait, what were we talking about again

And how about yourself?
Do you have what it takes
To raise the steaks and that you have it in you
To just pick up and go
Give me a reason just to see things through
To the end because I'm on to you
I'm going to need a shovel to dig myself out of this one

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