## Frenzal Rhomb, Had Enough

I've had enough, morning papers chill me to the bone, Eyes sewn shut, stilted conversation breaking up, Heads cracking up, biological depression, drugs aren't enough, The travesty of science waking up, I've had enough, My thinning blood, reaction-based anxiety, I've had enough, Frustration isn't helping, turning black, decisions suck, Immobilised from hair down to my feet blue coming up, Optimism wretched in my throat, no working parts, Broken like a train disaster, I've had enough, My thinning blood, reaction-based anxiety, I've had enough, my thinning blood, concentrated therapy, No getting out, no question of a head start fair or fake, No getting up, knuckles smashing windows in my wake, Like throwing up, nausea restricting loving host, Mistrusted start, chemical replacement in my head, I've had enough, my thinning blood, reaction based anxiety I've had enough, my thinning blood, concentrated therapy.