Funkadelic, Hit It And Quit It

I want you to hit it
Good god, hit it and quit it
I want you to, hooo-whoaa
Oh mama, hit it
Good god, hit it and quit it
I want you to, ohhhh, oh yeah
Oh mama, hit it
Good god, hit it and quit it
I want you to, oooh, oooh, oooh, oooh

You can shake it to the east Shake it to the west Hit it Good god, hit it and quit it Yeah, all up and down And move it all around Hit it Good god, hit it and quit it Yeah

You can shake it for dinner Or you could spread it all around Hit it Good god, hit and guit it

I want you to hit it and quit it (x 11)

You can shake it to the east
Shake it to the west
Hit it
Good god, hit it and quit it
You can shake it to the one you love the best
Hit it
Ha, hit it and quit it
Ahh, good god, hit it and quit it
Ooh, good god, hit it and quit it
Oh, good god, hit it and quit it
Quit it, quit it, quit it

{spoken}
OK play that down from the top