G. LOVE & SPECIAL SAUCE, Rock And Roll

This is rock n' roll shouts out

Back to the rappers

A lot of people stake claims

Saying hip hop doesn't matter

But really what could be phatter than

Jungle J.B's beats and streetside sounds

Profound are the sounds

That i was hearing

When at the basketball league

This kid said " Yo come here and

Put these head phones on your ears"

I was converted then

And practiced it for years

Rap music, like Jazz, Funk and R&B

Blues Reggae Rock n' Roll, and rock steady G.

Will be around forever

And its never going out

That's why I took this time to spell these lyrics out

I wanna give thanx to the lyricists MC's

And DJ's that brought me near to this

Blastmaster, KRS-One the teacher

Run D-M-C and the movie Beat Street

Erik B. and Rakim was Paid in Full

De La Soul came along and broke all the rules

I remember when my girl bought me Tribe Called Quest

We broke up later but I kept the cassette

Kool Moe Dee, Doug E. Fresh, Big Daddy Kane

Main Source, Pharcyde and Dana Dane

Steady B on the hilltop

With Lady B on Power 99 West Philly

Cypress Hill, The Goats and Das EFX

Tupac, EPMD

Lets see who's next

Jungle Brothers, Gang Starr and Bizmarkie Jazzy Jeff, the Fresh Prince

Puts summer in my ears

Slick Rick, Funk Doobie and the Beastie Boys

And all the rest that make some noise

There's plenty more people that's comin on

And the list could run

Til the break of dawn

But right now yo

Its back to the bluesman

Trippin', Rollin', Flyin' or just cruisin'

Yeah fire it up

Eh yo do it right

We gonna go go until the mornin light

Its justa rock n' roll

A little bit of rock n' roll

I like a rock and roll

And give me some rock n' roll

Oh la Oh la yeah