

Gabrielle Aplin, Heavy Heart

Saw you staring into nothing
In the silence something screaming
I know you're trying but there's nothing you can say
I feel better in the morning
When all my trouble's losing me now
Let go, there's nothing you can change

I know it hurts to watch me bleeding
Can't tell you what I need
And you can't stop forever hurting

I got a heavy heart
Too much for you to hold
We always come apart
And I treat you so cold

We can't pretend there's nothing wrong
But I was telling you it's not your fault
I wanna help but it's helpless every time
We're bittersweet in the sun light
We can't believe every sorry we've stopped
There's truth in the darkless leaf life

I know it hurts to watch me bleeding
Can't tell you what I need
And we can't stop the reefer as new

The chemicals that we are breathing
Lock you out and I keep looking in
I am running out of reasons
Don't help myself by looking in
I know I'm standing in the rain, but...
I know I'm standing in the rain