

# George Fox, Breathe In Now

i see love and beauty all around  
i also see the sadness thats embedded in your frown  
i wonder why you choose not to talk to those who surround  
i sense the fear of lifting heavy feet, higher than you want to  
i just want to believe your truth  
you stand there but you do not cast a shadow  
you walk away with every word you choose not to say  
i suppose that moving on paints a new colour for each day  
i dont like to see dreams put on the shelf, to deal with on that one day  
i just want to be happy for you  
coz i only have one second, this minute today  
i cant press rewind and turn it back and call it now  
and so this moment i just have to sing out loud  
and say i love i like and breathe in now  
and say i love i live and breathe in now  
i move on holding on to what i learn  
its time to let go of the notion that the whole world's against me  
break free of shackles that formed young, time free and now  
now i know its not all up to me, i can count on another  
so move on, lighter, and be free  
coz i only have one second, this minute today  
i cant press rewind and turn it back and call it now  
and so this moment i just have to sing out loud  
and say i love i like and breathe in now  
and say i love i live and breathe in  
i believe in for today, i just want to know that youre okay  
coz i believe in breathing just for today  
i just want to know that youre okay  
coz i only have one second, this minute today  
i cant press rewind and turn it back and call it now  
and so this moment i just have to sing out loud  
and say i love i like and breathe in now  
and say i love i live and breathe in now  
and say i love i live and breathe in now