Gretchen Wilson, Heaven Help Me

I'm no stranger to temptation
I have found some comfort there
But it only leaves me with questions
Never answers any prayers
I've been as high as angels fly
and I've fallen straight to hell
Heaven help me
Heaven help me
'Cause I can't help myself

I have wounded those who love me
And refused to take the blame
I have hidden all my demons
But I cannot hide my shame
I've forgotten who I am
But I know you know me well
Heaven help me
Heaven help me
'Cause I can't help myself

Give me wisdom, give me strenth Give me faith above all else Heaven help me 'Cause I can't help myself Heaven help me Heaven help me 'Cause I can't help myself