

Grip Inc., Lockdown

Waste

Life life inside

Anguish true wounds open raw

Sounds sliding steel

Sermons known to shackled nation

Man human meat

Senses starved left naked

World in a world

Condemned fused in wuth the underworld

Formed pressed boxed caged

Must escape into oneself

Convicted and thrown away

Undesired sub culture

Pain does not define suffering

Formed pressed boxed caged