Helmet, Exactly What You Wanted

I'm not so good realizing Who I can or cannot trust It's best to keep what matters vague With harmless lies I can adjust

I get a "D" for disappointment Now there's nothing to regret Everybody's good for something At least you know what you won't get

I let you down again What's another harmless Lie between friends? Now you can be disappointed I thought I gave you just exactly What you wanted