

# Henry Rollins, Shine

If I listened to everything that they said to me I wouldn't be here  
And if I took the time to bleed from all the tiny little arrows shot my way I  
wouldn't be here

The ones who don't do anything are the ones who try to put you down  
You could spend your entire life in the nowhere land of self doubt

When you start to doubt yourself

The real world will eat you alive

It's time to align your body with your mind

It's hero time

It's time to align your body with your mind

It's time to shine

I'm talking to you. Hero time starts right now

If you think you've got 100 extra years to mess around you're wrong

This time is real. Your time is now. It's hero time.

Hard times are getting harder

The liars are acting strong

You better get a grip on yourself

Or you won't be around too long

No such thing as spare time

No such thing as free time

No such thing as down time

All you got is life time. GO

I got grace in times of friction

I got truth in times of fiction

I got no time for the hype

Suicide? I'm not the type

No time for drug addiction

No time for smoke and booze

Too strong for a shortened life span

I've got no time to lose