

India Arie, I Choose

Because you never know where life is gonna take you
and you can't change where you've been.
But today, I have the opportunity to choose.

(Verse 1:)

Here am I now looking at 30 and I got so much to say.
I gotta get this off of my chest, I gotta let it go today.
I was always too concerned about what everybody would think.
But I can't live for everybody, I gotta live my life for me.(Yeah)
I pitched a fork in the road of my life and ain't nothing gonna happen unless I decide.

(Chorus:)

(And I choose) to be the best that I can be.
(I choose) to be authentic in everything I do.
My past don't dictate who I am. I choose. (Yeah)

(Verse 2:)

I done been through some painful things I thought that I would never make it through.
Filled up with shame from the top of my head to the soles of my shoes.
I put myself in so many chaotic circumstances, but by the grace of God I've been given so many se
But today I decided to let it all go. I'm dropping these bags, I'm making room for my joy.

(Chorus:)

(And I choose) to be the best that I can be.
(I choose) to be authentic in everything I do.
My past don't dictate who I am. I choose.

(Bridge:)

Because you never know where life is gonna take you and you can't change where you've been.
But today, I have the opportunity to choose. (Hey ey)
I used to have guilt about why things happen they way they did cuz life is gone do what it do.
And everyday, I have the opportunity to choose.

(Verse 3:)

From this day forward I'm going to be exactly who I am.
I don't need to change the way that I live just to get a man. (NO!)
I even had a talk with my mama and I told her the day I'm grown,
"from this day forward, every decision I make will be my own." And hey!

(Chorus:)

(And I choose) to be the best that I can be.
(I choose) to be courageous in everything I do.
My past don't dictate who I am. I choose.

(And I choose) to be the best that I can be.
(I choose) to be authentic in everything I do.
My past don't dictate who I am. I choose.

(Bridge:)

Because you never know where life is gonna take you and you can't change where you've been.
But today, I have the opportunity to choose. (Hey ey)
I used to have guilt about why things happen they way they did cuz life is gone do what it do.
And everyday, I have the opportunity to choose.