

# Jeru The Damaja, Mental Stamina

featuring Afu Ra

Yo Afu (Yo whassup?)

Yo yo, c'mere c'mere

Yo let's freak that rhyme we was freakin the other night

(Yo I'm wit it yo just set it off)

I'm sayin though, after this, it's no turnin back 'Fu

(Aiyyo just set it off man)

Pugilistic linguistics, check out the mystics, we're fantastic

You mean fantastic

F\*\*k it, you'll get your ass kicked

Challenge my verbal gymnastics

Vanacrobatix

Vocabulary calisthenics

Can't understand the mathematics are esoteric

Watch the style but also peep the lyrics, my lightning, my thunder

Way back I stomped out Her-cu-les

But now I stomp out MC's

Can't chill, because the Sun don't freeze

Heavy metal, hard like titanium

Alchemist, I turn wax into platinum

(Afu Ra)

Influential, scientific power

My mental violence will shower

Devour at a crazy rate, I speed into your circuits

and incorporatin data banks

Stamina, in the brain is how I slay it

I enforce my boss and I always must obey it

Endorsing a central rhyme of remedies

Against any man at arms that can get with thee

Eternal, internal, alchemist, I spill

logic and science ever since

Throwing cerebral blows without my fist

Poisonous, Taoist

Don't mess with toys in this racket

Terrorists don't proceed to hi-jack it

(Jeru)

It's too perverted, you heard it, so now you get murdered

Test the sound system, it throws off your equilibrium

Deep concentration can't fracture the meditation

Competition is flipped on at random

Deviant monks attack the mic is mental pandemonium

And then some, you go for your hand gun

Psychokinetic forces proceed to smash in your cerebellum

Phonetian with more stamina than a Christian

my mind, C3 H5 N3 O9 like Nitroglycerine

I bust as Afu Ra crush

Class with us and meet Cerebus

(Afu-Ra)

Ready, ridiculous rabbitry, as I commence

I whirlwind through cities

Breaking down substances, combining matter

Test my hand skills and back bones splatter

Rough and tough although the mental will stomp ya

Pugilism electrocute like Blanka

Collaborate, all my words into verses

I instill the will without even curses

Slurs, escapade off the beat

Totally complete with the unique physique

Microcosmic warrior, indeed I'll destroy ya

And this mic, I'm taking over