

# Kate Nash, A is for Asthma and Annoying

Venalin you cause me so much grief  
And that smile,  
It can be so annoying,  
Yeah but at least you haven't got a disease full of shit  
Yeah yeah yeah, I know you're right, innit

It's just sometimes  
When like  
You're feeling a bit down or whatever  
You tend to like, lose sight of things  
Like your perspective and stuff  
And like everything's worse than it actually is  
Ya know what I mean?  
Yeah yeah I know

Sometimes in our lives,  
We can lose sight of things  
They seem worse than in eyes than they actually have been  
Got to keep in our minds some positive  
Some people it's not a choice if you live

Life goes up and life goes down  
Life can be so bad and then turn around  
Got to keep two feet on the ground  
Got to keep in our minds everything's not black and white  
Gotta fight for our rights

Try and be happy and you'll be alright  
Try 'n' give us a smile and everything'll be alright  
Try and be happy and you'll be alright  
Try 'n' give us a smile

Don't get how someone would buy stuff you don't need  
Too much money, drugs, sleep, sugar, clothes, whatever  
All of it will make you feel like shit if you have too much of the same thing  
Just balance it out a bit  
Go for walks, read the news, get some good, loyal friends, let yourself be amused by little things  
And remember: be in tact, stay calm and deep breathe