

Kate Nash, A is for Asthma and Annoying

Venalin you cause me so much grief
And that smile,
It can be so annoying,
Yeah but at least you haven't got a disease full of shit
Yeah yeah yeah, I know you're right, innit

It's just sometimes
When like
You're feeling a bit down or whatever
You tend to like, lose sight of things
Like your perspective and stuff
And like everything's worse than it actually is
Ya know what I mean?
Yeah yeah I know

Sometimes in our lives,
We can lose sight of things
They seem worse than in eyes than they actually have been
Got to keep in our minds some positive
Some people it's not a choice if you live

Life goes up and life goes down
Life can be so bad and then turn around
Got to keep two feet on the ground
Got to keep in our minds everything's not black and white
Gotta fight for our rights

Try and be happy and you'll be alright
Try 'n' give us a smile and everything'll be alright
Try and be happy and you'll be alright
Try 'n' give us a smile

Don't get how someone would buy stuff you don't need
Too much money, drugs, sleep, sugar, clothes, whatever
All of it will make you feel like shit if you have too much of the same thing
Just balance it out a bit
Go for walks, read the news, get some good, loyal friends, let yourself be amused by little things
And remember: be in tact, stay calm and deep breathe