

Kendall Payne, Ups and Downs

All that I've found through the ups and downs
Is that I'd have it no other way
Life in the raw is both fragile and strong
It's both lovely and ugly the same
Who can attest that when they're at their best
Oh their worst is still crouching close behind
It's coming to peace with the darkness in me
That allows the true light inside to shine
So let it go, for we are still far from home
Though you try and you try to escape
To live and to love will always be dangerous
But it's better than playing it safe
We are composed of a symphony of notes
Every life is as music to his ears
I'll play my melody be it haunting be it sweet
Unashamed of what anyone might hear
So when the load breaks your back and your will
You must still keep your heart in the game
To live and to love will always be dangerous
But it's better than playing it safe
So let it go, when it don't feel like home
When inside is your only escape
To live and to love will always be dangerous
But would you want it any other way?