

# Life Of Agony, Method Of The Groove

We've got the method of groove that grabbed your attention  
Now that you're aware we're gonna give you the message  
My father taught me many things  
Living deaf, dumb & blind will get you nothing  
So listen up and hear what I have to say  
It's never too late to learn in this day and age  
We'll point you in a new direction  
Passed down to this generation

If you've learned anything from me  
It would be to hold on to your dreams  
Learn from my mistakes  
And it will take off some of the weight  
He said 'You got your whole life to live,  
And so much more to give,  
Never compromise and you will never live a lie'  
He said 'Son, remember where you came from'

We never doubted ourselves for a minute  
Oh they may criticize and compromise, but we were always in it  
So come on down and see what this is all about  
It's in our soul, on the road, wherever we may go  
So wake up, nothing can stop us,  
We got the chaos so just let us  
Provide the lines that make your mind spend the time  
Think before you sink to the bottom

He said 'Son, remember where you came from'