

# Lock Up, Retrogression

Holding back - unconnected  
Lapsing in a hole  
Intermission - never ending  
Castigate this void

Cage this retrogression  
The gates of change  
Disturbing self confessions  
Powerless rage

Plummeting hate trivia  
Pumping through my veins  
Dispassionate envy  
Sharpens the blade

Cage this retrogression  
The gates of change  
Declining optimism  
Desire deranged.