## LUKE SITAL-SINGH, Nothing Stays The Same

I can taste it in my mouth
I am hanging upside down
All the faces gathered round
To wait and see, to breath relief
To call my name for the first time

Cry your heart out Fill your lungs up We all hurt We all lie And nothing stays the same

Dear life

I can face it just about I'd rather hurt than live without But I will rage and scream and shout A love, a life, it's dark and bright It's beautiful and it's alright

To cry your heart out Fill your lungs up We all hurt We all lie And nothing stays the same

Let your guard down
Get your heart pounded
We all bleed
We all breathe
And nothing stays the same

We all believe in something that'll rip us into shreds
We all know why it stings to open wide your chest
We all show signs of greatness that we hope that someone sees
Our broken teeth are scattered but we're smiling underneath
A thousand bruising muscles still we're running on and on
We all know names that ring like thunder rattling our walls
Everyone is yearning for a reason, for a cause
Something deep inside we holding on for dear life

Dear life /3x

To cry your heart out Fill your lungs up We all hurt We all lie And nothing stays the same

Let your guard down Get your heart pounded We all bleed We all breathe And nothing stays the same

We all heard We all learned That nothing stays the same