

Missy Elliott, Interlude - Throw Your Hands Up

(lil kim)

yo this the queen b
and i came to say a little sumthing
on my girl missy shit
now see i got sumthing to say
thats right i got a problem
i got a problem wit all yall muthaf**kers out there
that got a problem wit us calling ourselves a bitch
yeah thats right i said it muthaf**ker bitch wat
ya see bitch is a strong word
and only strong bitches can use that muthaf**ken terminology
bitch
i mean if u cant wear the name
then dont try to use it
shucks

(missy)

throw ur hands up if u like to get high
make a phat beet so we can party all night
if u got beef u gotta take it outside
throw ur wrists up and lemme see ur ice shine
(repeat 1 more time)