Much The Same, Still Falling?

Thoughts get trapped inside my brain Break my ribs so I can uncage All these emotions that still dwell inside my heart 26 hours, where you remain And I'm force fed all this pain In heaping spoonfuls that are slowly killing me Wait for me But that's unfair to ever ask of anybody Are you still falling? I'm glad you found someone so now you can breathe But not for me The tickle of knives is better than this But fresh cuts wouldn't help distract An already bruised and broken soul So this is my song to you To tell you just how much I miss you And I think about you every day