## Newsboys, Spirit Thing

It's not a family trait, it's nothing that I ate, and it didn't come from skating with Holy Rollers,

It's an early warning sign, it keeps my life in line, but it's so hard to define, Nevermind...

(Chorus)
It's just a spirit thing,
it's just a holy nudge,
it's like a circuit charge in the brain.
It's just a spirit thing,
it's here to guard my heart,
it's just a little hard to explain.

It pushes when i quit, it smells a counterfit, Sometimes it works a bit like a teleprompter...

When it's telepromting you, I pray you'll let it through, And I'll help you with the how, But for now...

## (Chorus)

I took the long way, bent back down again, Some things will never ever be explained. no they can not be explained... yeah

(Chorus) x3