

# Nile, Natural Liberation Of Fear Through The Ritu

I Bow down to the Glorious Transcent One  
Vajra Kumara  
Whose Face Frowns with Wrath  
In Order that My Living Being  
Be Released from the Extreme Suffering  
And all The Unremitting And Bitter Sorrows of Death

Lifespan Threatened  
By Imbalanced Elemental Forces And Malevolent Spirits  
Flame of Life nearly Extinguished  
The Signs of Impending Death Have Manifested

Red Wheel of the Fire Element Inscribed with the Five Rams  
Yellow Wheel of the Earth Inscribed With the Five Lams  
The White Wheel of Water Inscribed with the Five Khams  
The Azure Wheel of Space With the Five E Syllables

I Bow down to the Mahakarunika  
Who is a Sanctuary of Great Bliss  
I Enter the Triangular Dark Pit  
And utter the Syllables of Elemental Fire  
Black demon Black Demon Black Demon

The Cornea of my Eyes has begun to Fade  
The Hair on the back of my neck has grown upwards  
My eyes stare Fixedly  
My Limbs are subject to Spasms

Three Times I Place a Dog Tail Beneath me  
Place his Excrement before me  
Eat a Mouthful and Bark like a Dog

The Severing of the Bond Between Atmosphere and Earth is Nearly Complete  
The Fall of the White Rider has Occurred  
The Rupturing of the Great Tree has come to Pass  
My Urine is Blackish and Putrid My Excrement has no Vapour  
The Seed Symbols have appeared on the Skull of a Horse  
The One Legged Yavati has Arisen as an Enemy of the Wish Granting Tree  
I make the Ritual of Averting Death  
A Means of Liberating Sentient Beings From their Sufferings  
May I be counted Worthy of Past Actions