

# NoMeansNo, Metronome

I want to break the things that seek  
To control, I want to live my life with  
No rules at all, I want to smash the  
Lips that smile down on me, I want  
To rip and tear until I am free

Steady, keep it, steady  
METRONOME

I want to touch the places lost deep  
Inside, I want to see the ugly faces  
That hide, I want to mach down to the  
End of what's there, I went to strip  
The surface till all is bare

Steady, keep it, steady  
METRONOME

I want to jump out of my skin and be  
Free, I want to kill the little thing that  
Is me, I want to laugh and giggle, I want  
To scream, I want to wake up from this  
Life crushing dream, I want to wash my  
Body bare in the stream, I want to  
Liberate this human machine, I want to spit  
And grovel I want to shit, I want to  
Make you wonder what is it? What  
Is it?

You know one thing that I think attracts people  
To a steady beat, to a steady beat, is the certainty  
Of where it will be, of where it will be, in the next  
Moment, its inevitability with no variation, the  
Comfort and security of knowing what and who you  
are, you hear that beat, you hear that beat, it's  
Beating on you, it's beating on me, you hear that beat,  
You hear that beat, it's beating on you, it's  
Beating on you.