Papa Roach, Stand Up

Sweat sweat sweat sweat Stand up stand up

I hear you banging on that battle drum
When we play this song
All my people rise up we 'bout to set it off
This is for the voiceless
And for the hopeless
They say that you could chase ya dream
But they take away ya choices
So Watch out watch out
You're in the zone now
Watch out watch out
They takin' notes now
Watch out they tryna divide us
But all I hear is blah blah blah blah blah blah ha ha

Sweat sweat sweat Stand up stand up

Sometimes I feel like letting go
'Cause it's all I've ever known
But I know I'm not alone
I hear the echo
It's a violent symphony
It's that voice inside of me
Screaming out for room to breathe
I hear it echo
Stand up!

Oh yeah it's fight time baby it's the right time Crazy you would flatline if you knew the truth And now it's halftime murdering the track I'm Strangling the facts until you give me some proof I see them feed us the violence Until we sick and defiant We so confused in this delusional show And now their taking advantage Manipulating the masses Now where the fuck did our humanity go?!

Sweat sweat sweat Stand up stand up stand up

Sometimes I feel like letting go 'Cause it's all I've ever known But I know I'm not alone I hear the echo It's a violent symphony It's that voice inside of me Screaming out for room to breathe I hear it echo Stand up!

So Watch out watch out
You're in the zone now
Watch out watch outta
They takin' notes now
Watch out they tryna divide us
But all I hear is blah blah blah blah blah blah ha ha

Stand Up!