

# Papoose, Mind Body & Soul

(Intro)

put it on the line  
lets go

yea, before you can help somebody  
man you gotta help yourself  
it's called self-preservation  
got this shit down to a science man  
check it out

(Chorus)

mind body and soul  
mind--he can control you mentally  
body--he can tell you what to do physically  
soul--only god control you spirutally  
so you bust guns smoke weed drink hennessy  
mirror mirror on the wall  
take a look at him vividly  
you lookin at your own worst enemy  
put it on the line

(Verse 1)

when you alone, everybody talk to theyself  
sometimes its the only way to get across to yourself  
you ever wanted to do somethin but thought to yourself  
or didn't wanna do somethin but forcin yourself  
you ever did somethin good and been glad for yourself  
or did somethin f\*\*ked up so you mad at yourself  
thought about somethin funny and laughed to yourself  
or kept that to yourself  
you ever met another person  
who reminded you in the past of yourself  
why y'all so much alike you askin yourself  
y'all so much alike y'all clash cause it felt  
like he was tryin to be you when he act like himself  
really deep down inside you mad at yourself  
pull the gun and blast at him you blast at yourself  
ever knew somethin was true and then nodded to yourself  
cause you can't take the truth stop lyin to yourself

(Chorus)

(Verse 2)

its like the mind fight the heart  
some niggas mind so sharp, they fight what they feel  
and do the wise thing they so smart  
but other niggas do whats in their heart

react off emotions they black out and get so dark  
they hold it in and never talk  
but get old and die of heart attacks  
they get attacked by their own heart  
some niggas get too conceited and fill theirself  
try to be somethin they're not but reveal theirself  
some niggas get insecure they grill theirself  
put a gun to their own head and kill theirself  
you ever found yourself lookin out for everybody else  
so much that you don't look out for yourself  
if you a stick up kid then 'red drug deal and blue'  
a rapper with a mic salesman with a shoe  
don't let nothin get in your way just do what you do  
cause the only person that can stop you is you

(Chorus)

(Verse 3)

thats why i say who am i  
you say what a stupid question but who am i  
think before you start talkin  
you forgettin where you came from  
remind yourself  
life is like a dictionary  
define yourself  
are you a gangsta  
well lets define that word  
i'ma try but it takes action to describe that word  
a gangsta takes care of family he's never afraid  
death before disrespect a gangsta is brave  
are you a thug  
its like a gangsta but more gully  
money before bitches and honor before money  
you a baller  
then you cop a house before a car  
fortune before fasion play monopoly y'all  
are you a rapper  
then you must invent those songs  
they dont gotta like you  
but they gonna respect your boss  
i named my son papoose  
he reflectin me  
but he way better than me  
man controls his destiny

(Chorus)