

Paul Kantner, Your Mind Has Left Your Body

Lyrics & Music: Paul Kantner

You have left your body be aware if you care
Your mind has left your body and for this one moment you are

Under the polar ice cap in a place we call home
How is it there white bear like that where you grow...

Now all of you come back to here and now elsewhen to there
Move on out the other way where...
Do you find yourself floating growing there

chorus

Riders of the rainbow
Let it grow let it grow

You can exercise your mind on where you want to go
And y'can see the city lights flashin' two thousand miles below you

You can feel the sands of Zanzibar or pierce the nearest sun
Find out what and who you are and if you need to run

chorus

Riders of the rainbow
Let it grow let it grow

There is one moment in your life and it can come at any time
And you remember all of what went on from the instant you were born
Thru your early years

And if you can fasten on that moment and expand thru the afterglow
You can reverse your mind in time and travel back to when

The earth was formed
The sky was born
And the universe began

chorus

Riders of the rainbow
Let it grow let it grow

You have left your body
Return when you may

Save it for another day... beyond you