Paul Westerberg, Self-Defense

Cheekbones and hormones Your only self-defense Lying through dinner And your rock and roll teeth again You've harbored a coward Fed him full of broth This nocturnal sadness Leave you pale as this tablecloth Careful don't you spill your dinner That would be a good defense Then you wouldn't have to sit here On the fence Cheekbones and hormones He's the accidental man Tell you in a stage whisper about the boy who cried benefit As the poet drags the darkness Within him to the light It's only in self-defense That they drag you out into the night Careful don't you spill your dinner That would be your best defense Careful what you wish for An idiot and a genius Standing up to dine Breaking manmade laws Cause I only follow those that are divine And only when you're chased Do you ever run fast And it's wrong to commit a suicide It's only in self-defense