

# Perry Como, Act Of Contrition

O My God, I am heartily sorry,  
For having offended Thee,  
And I detest all my sins,  
Because I dread the loss of heaven,  
And the pains of Hell,  
But most of all because I have offended Thee My God,  
Who art all good and deserving of all my love,  
I firmly resolve, with the help of thy grace,

To confess my sin, to do penance,  
And to amend my life,  
Amen

Traditional ~  
Musical setting by Joseph J. Leahy